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**ASPEN
Answers**
by Kay Spicer, BA, CSAC,
ICS, SAP, IDP-AT

**DRINKING FOR THE
THRILL**

The latest research on familial alcoholism reveals that people with a personality trait called "high novelty seeking" are more likely to become addicted to alcohol, especially if they have a parent who is an alcoholic. This category of person includes thrill-seekers and risk-takers, who tend to be less cautious. On the other hand, more cautious individuals, who are termed "low novelty seekers", are a very low risk of becoming alcoholics even if they do have a parent who is an alcoholic. This finding adds more to our knowledge about alcoholism. While a history of alcoholism in the family increases the risk of developing alcoholism among the offspring, the risk is not 100 percent certain. Other factors come into play.

If you are wrestling with addiction or if your family includes an addicted family member, you deserve help dealing with your difficult situation. Our compassionate counselors provide a safe space and sympathetic ear, as well as proven techniques, to allow you to live a fully realized and healthy life. In addition to addiction and family issues, we can also help those who are suffering from stress, depression, or anxiety. Our address is 2639 New Pinery Rd., Suite 1 or you can call 608-742-5020 to make an appointment. *Offering you and your family compassionate and professional advice.*

P.S.: Rather than thinking in terms of "addictive personalities", psychologists are beginning to think about how an individual's personality might influence his or her response to other genetic and environmental risk factors.

ASPEN
Family Counseling
www.aspenfamilycounseling.com